

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that
Lensing Jaydin
Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the
Classic Powerlifting - SubJunior Men - 105kg
With a Total of **450.0kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF

COMMONWEALTH POWERLIFTING FEDERATION



Certificate

This is to certify that

Lindi Sinovuyo

Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **1st** place in the

Classic Powerlifting - SubJunior Men - 53kg

With a Total of **315.0kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF

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This is to certify that

Lotter Daniel

Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the

Classic Powerlifting - SubJunior Men - 66kg

With a Total of **377.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

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This is to certify that
Van Niekerk Arno
Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the
Classic Powerlifting - Junior Men - 66kg
With a Total of **462.5kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF

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This is to certify that

Kariv Jonathan

Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **5th** place in the

Classic Powerlifting - Open Men - 74kg

With a Total of **560.0kg**

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BILL YOUNG

Secretary General CPF

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This is to certify that
Lazarides Nicholas
Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **8th** place in the
Classic Powerlifting - Open Men - 74kg
With a Total of **500.0kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF

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This is to certify that

Ramaïsa Tumelo

Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved — place in the

Classic Powerlifting - Open Men - 74kg

With a Total of **0kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

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This is to certify that
Pretorius Jean-Arthur
Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the
Classic Powerlifting - Open Men - 93kg
With a Total of **687.5kg**

RICHARD PARKER

President CPF

BILL YOUNG

Secretary General CPF

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This is to certify that

Smit Gían

Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
POWERLIFTING and BENCH PRESS CHAMPIONSHIPS
11-17 SEPTEMBER 2017

as *Athlete*

and achieved **6th** place in the

Classic Powerlifting - Open Men - 93kg

With a Total of **647.5kg**

RICHARD PARKER

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This is to certify that

Coetzee Toni

Of the Nation

South Africa (B)

COMPETED IN THE

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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **5th** place in the

Classic Powerlifting - Open Women - 57kg

With a Total of **302.5kg**

RICHARD PARKER

President CPF

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Secretary General CPF

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This is to certify that
Van Linge Marieke
Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **6th** place in the
Classic Powerlifting - Master 1 Women - 57kg
With a Total of **245.0kg**

RICHARD PARKER

President CPF

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Secretary General CPF

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This is to certify that

Katz Lauren

Of the Nation

South Africa (B)

COMPETED IN THE

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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **6th** place in the

Classic Powerlifting - Open Women - 57kg

With a Total of **292.5kg**

RICHARD PARKER

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Secretary General CPF

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This is to certify that

Reyneke Ronel

Of the Nation

South Africa (B)

COMPETED IN THE

COMMONWEALTH
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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **3rd** place in the

Classic Powerlifting - Master 1 Women - 63kg

With a Total of **292.5kg**

RICHARD PARKER

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BILL YOUN

Secretary General CPF

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This is to certify that

Rubín Linda

Of the Nation

South Africa (B)

COMPETED IN THE

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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **4th** place in the

Classic Powerlifting - Master 2 Women - 72kg

With a Total of **222.5kg**

RICHARD PARKER

President CPF

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Secretary General CPF

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This is to certify that
Hamman Michelle
Of the Nation

South Africa (B)

COMPETED IN THE

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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **6th** place in the
Classic Powerlifting - Master 1 Women - 72kg
With a Total of **277.5kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF

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This is to certify that

Dade Caileigh

Of the Nation

South Africa (B)

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11-17 SEPTEMBER 2017

as *Athlete*

and achieved **2nd** place in the

Classic Powerlifting - Open Women - 84kg

With a Total of **442.5kg**

RICHARD PARKER

President CPF

BILL YOUN

Secretary General CPF